

Mini Quesadilla Slices



Nutrition Facts

Serving Size: 2 pieces (99g/3.5oz)

Servings per Container: about 7

Amount per Serving

Calories 260 **Calories from Fat** 120

| | | % Daily Value* |
|---------------------------|-------|-----------------------|
| Total Fat | 14g | 22% |
| Saturated Fat | 9g | 45% |
| Cholesterol | 40mg | 13% |
| Sodium | 630mg | 26% |
| Total Carbohydrate | 19g | 6% |
| Dietary Fiber | 1g | 4% |
| Sugars | 1g | |
| Protein | 15g | |

Vitamin A 6% • Vitamin C 2% • Calcium 30% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|------------------|--------------|--------------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 5g | 30g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4