



Quesadillas - 35611

Nutrition Facts

Serving Size: 2 pieces (88g)

Servings Per Container: About 6

Amount per Serving

Calories 200

Calories from Fat 90

		% Daily Value*
Total Fat	10g	15%
Saturated Fat	5g	25%
<i>Trans</i> Fat	0g	
Cholesterol	25mg	8%
Sodium	400mg	17%
Total Carbohydrate	19g	6%
Dietary Fiber	1g	4%
Sugars	1g	
Protein	11g	

Vitamin A 4% • Vitamin C 20 • Calcium 20% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4