

Mozzarella Bites



Nutrition Facts

Serving Size: 4 pieces (52g)

Servings per Container: about 13

Amount per Serving

Calories 150 Calories from Fat 60

		% Daily Value*
Total Fat	7g	11%
Saturated Fat	3.5g	18%
<i>Trans</i> Fat	0g	
Cholesterol	10mg	3%
Sodium	270mg	11%
Total Carbohydrate	13g	4%
Dietary Fiber	1g	4%
Sugars	3g	
Protein	8g	16%

Vitamin A 2% • Vitamin C 0% • Calcium 15% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		5g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4